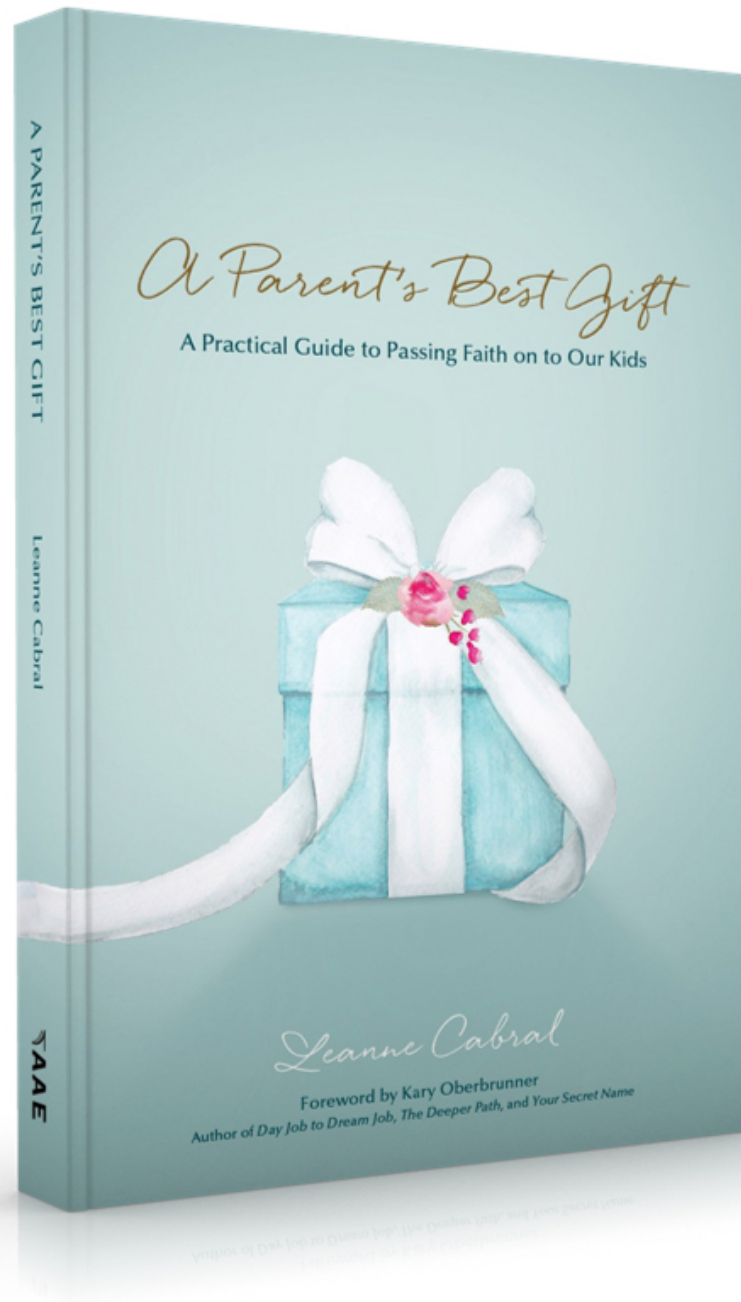


# *A Parent's Best Gift*

**A Practical Guide to Passing Faith on to Our Kids**



## **Media Kit**

What you need to know to sound like you've read the book.

# A Parent's Best Gift

I am always excited for the opportunity to share the message of **A Parent's Best Gift** and how we can make an invisible faith tangible to our kids. Through our interview, I am happy to tailor the subject to the needs of your audience.

I imagine you are busy. It would be great if you read the book, but I don't expect you to. This is why I created a media kit with a summary, highlights and benefits from the book, as well as a few interview questions.

I know you are great at what you do and I just want to add value to what you are already doing.

When I am doing our interview, being present and authentic is my top priority. My desire is to support you while delivering value and perspective to your audience. I am really excited about this opportunity to serve you and your audience. I know that if I do my job well, your audience will feel valued, and they'll be naturally interested in the book.

Sincerely,

*Leanne Cabral*

leannecabral@icloud.com

Once the interview posts, please send me all the relevant links. I'd love to send my followers your way.

# Summary

## What if you could give your child the perfect gift?

A perfect gift transcends expectations, never breaks, and withstands the test of time.

The best gift we can give our kids is to live our lives in such a way that they know who Jesus is and understand His incredible love for them. While many understand this task in theory, most of us struggle practically applying this in everyday life.

**A Parent's Best Gift** reveals this process, equipping parents with tools and strategies that are simple, applicable, and absolutely doable. Discover freedom, direction, and intentionality as you begin to see this magnificent task broken down into manageable bite-size pieces.

Leanne believes we all want to be the parents God has called us to be and cultivate a faith in our kids that takes root and grows. Journey with her as she candidly explores the obstacles that entangled her and the clarity that emerged by charting a course of faithfulness for her family. Uncover the significance of intentional living and find freedom with practical activities that are tried, tested and true.

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# About The Author

## Mother~Author~Speaker~Coach



Leanne has a passion for equipping parents as they navigate the awesome task of passing faith onto their children. She encourages parents to make their invisible faith tangible so they can intentionally point their kids to Jesus and build a legacy of enduring faith.

Leanne's authenticity, humility and gentle approach creates the kind of atmosphere that makes delving into the vast subject of family safe and comfortable.

Her vulnerability invites others into her story, letting them know they are not alone, but valued and loved. She speaks as a fellow journeyer, who acknowledges the challenges and the messiness of this season as well as celebrates the joys and wins, however small they may seem. She makes the burden feel lighter, breathing life and hope, and igniting others into action.

**Mother** – There are four remarkable people who get to call her that, Hannah, Caleb, Ella and Seth. They have taught her immeasurably more than she could possibly imagine through tears and laughter! Leanne and her husband James live just outside of Toronto Canada with their four children.

**Author** – Leanne has written for [thinkyouthministry.com](http://thinkyouthministry.com) and for Gather Women Canada. She is thrilled about the release of her first book, **A Parent's Best Gift**, on October 2, 2016.

**Speaker** – Leanne began speaking at MOPS groups and her own Church, C4. She has appeared on The 700 Club Canada, 100 Huntley Street, and has been a guest on Your Story with Melinda. She has spoken at Women's Conferences and Retreats, Christian Schools, and Churches including The People's Church, Agincourt Pentecostal and The Coptic Churches in Mississauga and Oakville.

**Coach** – Leanne gently comes alongside families, formally and informally, inspiring them to take steps forward. She coaches on parenting, passing faith on, spiritual growth and spiritual formation. Her desire is that all walk away from each encounter encouraged, equipped, empowered and excited.

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# The Book

## Book Excerpt

"I didn't expect this journey to start with me. I was excited to research what others were doing and how they were living out their faith in their homes. I was pursuing information and how to apply it. But, in His typical God-like fashion, He began with what matters most to Him... His own child. He started with me. His primary focus will always be the internal workings of our hearts.

Like a good dad, He lovingly shows us the lies that entangle us and the truth that releases us into all that He has called us to. It's easy for us to become preoccupied with the fruit that our lives yield, but He is forever tending to our roots—how deep and how wide they are growing. It is an invisible kind of work, but healthy roots always yield great harvests. This journey of equipping you to pass faith onto your kids needs to start with you and your roots.

The fields are ripe unto harvest and we will trust the Lord of the Harvest to nurture our roots and multiply our fruit. My dad had no idea how much that invitation to join him on that early morning errand would affect me and my faith journey. He had no clue that his bold obedience in response to the Father's call would not only impact his family, but countless others too.

He built a legacy of faith, one simple act of obedience at a time. Please know that your seemingly mundane choices of daily obedience are building a legacy too. I didn't know what a gift this "burden" would become—trying to figure out how to make an invisible faith visible to my kids. My primary motivation was my kids' faith—it was for their freedom. I had no idea that by leaning into it, I was actually beginning to unwrap my own freedom as well."

## Chapter Breakdown

### Part 1 The Gift Given – Freedom

*Chapter 1 – Full Bloom Parenting*

*Chapter 2 – Death to Comparison*

*Chapter 3 – Warped Views*

*Chapter 4 – Embracing the Challenge*

### Part 2 The Gift Unwrapped – Direction

*Chapter 5 – Where Am I and Where Do I Want to be?*

*Chapter 6 – Charting the Course*

### Part 3 The Gift in Action – Intentionality

*Chapter 7 – Prayer*

*Chapter 8 – Blessing*

*Chapter 9 – Hearing God*

*Chapter 10 – Spiritual Protection*

*Chapter 11 – A Family who Serves Together...*

*Chapter 12 – Family Devotions*

*Chapter 13 – Talking to Our Kids about Sex*

*Chapter 14 – Money, Allowance and Tithing*

# Highlights of The Book

## Part 1 The Gift Given – Freedom

In this section the author works through her own obstacles that were tripping her up in her quest to figure out the practical part of passing faith on to her kids.

She looks at :

- **Unrealistic expectations** in parenting–her own and the ones placed upon her.
- **The comparison trap** and the importance of chasing contentment instead of coveting. She looks at social media and our addiction to affirmation, as well as the significance of embracing the messiness of community. She provides tools to guard our heart from comparison including practising gratitude and the opportunity we have to leverage our virtual space.
- **Warped views:** about Self – lies of the enemy, historical baggage and negative self-talk. About God – wrong understanding about who God is and His heart towards her.
- **Successful Parenting** – what is that, how do we measure it? Is God even calling us to that? What is He calling us to – Faithful vs. Successful parenting.

## Part 2 The Gift Unwrapped – Direction

Having worked through some of the obstacles that entangled her, this section addresses; how do you move forward now that you can recognize clearly where you are, and you see where you want to go. What do you need for this length of the journey?

- **Survey of the land** – Analyze your calendar; are you still in survival mode, recognize the tyranny of the urgent and how that derails you from your goal. What are your dreams for you family?
- **How to build a plan** – Make a commitment, pray through your home, and how to create a family mission statement.
- **Three essentials** – Putting family first, living counter-cultural, choosing simplicity.

## Part 3 The Gift in Action – Intentionality

This is the hands on, super practical portion of the book. It addresses real, tangible ways we can break down a complex invisible faith for our kids to understand. Each chapter addresses some theory and then breaks it down into practical, applicable tools, resources and activities.

In this part the author addresses:

- How to **Pray** for our kids and teach them how to pray
- What is the significance of **Blessing** – power of words, why bless, how to bless and how to create personal blessings for our kids.

# Highlights of The Book

- **Hearing God** – How does God speak? Spiritual Pathways, how to create an atmosphere to hear Him, obstacles that may make it difficult to hear and how do we test what we hear?
- **Spiritual Warfare** – Theory: quick look through the Bible and church history. Practical: how to guard ourselves, our home, our family and equip our kids to stand when the day of evil comes.
- **Serving** – Our motivation, what our attitude should be, why serving is significant. How we can serve; globally, in our community, our church, and our family.
- **Devotions** – Why devotions; obedience, community, remembrance and rhythm. Great tips for better outcomes; Be flexible, think outside the box, keep it short & simple, balance fun & focus, persevere and involve the kids. How? – loads of practical activities
- **Sex** – The significance and value of parents, lies our society has bought into, coming to terms with our own sexual history. How much is too much? Emotional, physical and spiritual cost of sex. How to choose your response before a crisis and equipping your kids with an exit plan.
- **Money** – Attitudes to cultivate; our example, stewardship, contentment, trusting God, and generosity. Action to ignite; allowance, budgeting and planning, tithing, and thoughts around debt and plastic.

# Why Read This Book

## Benefits

1. Readers will discover the freedom that comes from living intentionally.
2. They will begin to see their hopes and dreams unfold for their family as they create their own plan to faithfully point their kids to Jesus.
3. Through seeing what entangled the author, they can begin to understand what keeps them from living the life they desire for their family.

## Features

1. The author begins the book with a note to her readers, beautifully setting the tone of acceptance and hope. She welcomes her readers and puts them at ease. She immediately debunks several common misconceptions about family and faith.
2. The end of each chapter wraps up with a section called *A Moment to Reflect*, allowing the reader to process and apply what they have just read through thought provoking questions. This is great for small group settings too.
3. At several different points in the book, the author directs her readers to her website to receive *Free Gifts*, bonus complementary resources.
4. The epilogue addresses the key question; Now what? Leanne strategically walks her readers through the process of creating their own plan of intentionality for their family in both a 5 year plan and a 1 year plan. She shares several tips and suggestions that will help make the implementation process smoother.



# Endorsements

"Leanne's work on A Parent's Best Gift is a lovely and practical hike through parenting by way of the Fruit of the Spirit. Tenderly, insightfully, vulnerably, she meets parenting readers with chapters buoyed by gracious encouragement and God's faithful goodness."

**Tim Huff** | Best-selling Author | Director of Youth Unlimited's Compassion Series

"I read this book wishing I had it 20 years ago! Leanne Cabral has written a brutally honest account of her journey as a parent. She gives us permission to accept our humanity and know that this is the toughest assignment we will ever have. Is there anything that rocks our world like our babies? They don't come with a manual.

Well, now you have one! We need real answers and Leanne gives them to us. Her gut level disclosure of her own struggle that led to a deep search for solutions is what makes this such an easy read. The practical applications, strategies and opportunities for self-awareness and intentional parenting is going to change you!

Your legacy will be greater. Your family will be enriched and you'll find yourself handing this book down to your own children."

**Laura-Lynn Tyler Thompson** | Author "Relentless Redemption" | Co-Host The 700 Club Canada

"Strong nations are built on strong foundations. Strong foundations are forged by strong leaders who all have a family of origin that helped establish their values and allow opportunities to learn through adversity. Strong families launch young men and women into their churches, communities, and their country to make them better.

None of the strength of the individual, or the church, or the community comes by accident. It is built intentionally in the home, by parents who are imparting wisdom from the only true source – the Creator and Sustainer of all. Parents who parent intentionally and help guide their children to acknowledge God early on in a personal relationship are partnering in the work of forging a better tomorrow.

Leanne has chosen to impart wisdom in one of the areas most needed in today's culture. She raises the value of parenting, of family, and of being faith-focused, in a culture that says you are better on your own. It takes a village and villages consist of healthy and functional faith-filled families. Leanne focuses not only on principles but practicality in this rich offering called A Parent's Best Gift."

**Cathie Ostapchuk** | Co-Founder | Gather Women

Leanne is a gifted writer and speaker with a passion to see many families following Jesus wholeheartedly! Her workshops and book, A Parent's Best Gift are full of practical–doable ideas to help parents with what can feel like a daunting task. She brings inspiration and hope to those that may feel that they have failed. Leanne is a breath of fresh air. She speaks with grace and laughter. This book is a must read in helping you with a plan to see your family growing in faith—together!

**Lorie Hartshorn** | Pastor, Speaker | Author of "Finding Freedom"

# Sample Questions

1. Parents today might be feeling overwhelmed with the number of resources and parenting books available to them – what sets **A Parent's Best Gift** a part?
2. Did you always know that you wanted to write a book?
3. **A Parent's Best Gift's** subtitle is "a practical guide to passing faith on to our kids" – what can readers expect as far as practical tools?
4. What about parents whose children are grown now – is it too late for them?
5. The back of the book says, "The best gift we can give our kids is to live our lives in such a way that they know who Jesus is and understand His incredible love for them." Tell me about that.
6. What would you say to the parent who is afraid that they are messing it all up?
7. This book is rich with ideas and practical tools – where, as parents and readers, should we start as we seek to implement them?

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# Next Steps

1. I would be delighted to provide a free resource for your audience. This is part of my passion, equipping parents with tools and resources to help make an invisible faith, visible and tangible. I want to add value to their lives. It can be accessed here:  
[http://www.leannecabral.com/images/book\\_resources/blt\\_week-2\\_free\\_resource.pdf](http://www.leannecabral.com/images/book_resources/blt_week-2_free_resource.pdf)
2. If your viewers head over to [leannecabral.com](http://leannecabral.com), they can download another free gift there too.

## Contact Leanne today to begin the conversation...

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